



## GORSELANDS

NURSING HOME

### Welcome to Gorselands

Dear Friend,

Thank you your enquiry.

We recognise that the decision to move into a nursing home is a difficult one to make and it can be a very emotional and stressful time for you and your family. Therefore we will encourage you to take your time to adjust to the new surroundings and daily routine. Our staff are there to support and care for you during this period of change.

Each person coming to Gorselands brings with them diverse life experiences, therefore we recognise that each one of you has different needs, hopes and expectations. Your daily care will be planned with you and your family and tailored to meet your individual needs.

A proactive activities programme is developed through consultation with our residents by Andrea our activities organiser. Any new ideas are welcome. Mini bus trips are organised to places of local interest, shopping and Garden centres. For further details, please refer to the Monthly Activities programme.

Individual spiritual needs are respected and catered for.

We endeavour to provide a varied choice of meals and our Chefs take pride in producing a delicious range of fresh food to tempt your appetite. Ideas for the menus are welcome and

individual preferences are catered for. Mealtimes a social and enjoyable time and we consider this as protected time for the residents. Light refreshments are also available 24 hours a day for the residents.

Your day is flexible and unhurried. I do hope you will enjoy the relaxed environment, comfort and hospitality that Gorselands provides for you, your friends and family.

Newspapers are provided in the lounge and you can have your preferred newspaper or magazines delivered daily.

Visitors are welcome to come at times to suit your daily routine; we encourage you and your visitors to enjoy our lovely gardens. Refreshments are available on request.

Should you have any special requests or concerns please let the Nursing staff know and we will do our best to help you.

Relax and enjoy your experience at Gorselands.

Jackie Roy  
Matron.